



Your Sun Life insurance statements will be available online only in January 2027

Hi <%= recipient.firstName %>,

We're making it easier to manage your Sun Life insurance statements.

What's happening?

Starting January 1, 2027, we'll no longer be sending paper insurance statements automatically. You'll continue to have instant access to your documents online, which also means less environmental impact.

How to access your documents: we'll send you an email as your insurance statements become available. You can view and save them in your Document Centre on mysunlife.ca or in the my Sun Life mobile app. Access them anytime, anywhere — no need to wait for mail delivery.

What's staying the same: we'll continue to send your tax slips by mail, the same as we do now.

You've got options:

If you'd like to continue receiving your insurance statements by mail, you can choose that option at no additional cost. You can change your preferences anytime. Here's how:

Don't have an account yet?

1. Go to mysunlife.ca
2. Click **Register**
3. Follow the steps to create your account — you'll be asked to select your paperless preference during setup.

You're now ready to sign-in to the secure site.

Already have a mysunlife.ca account?

1. Log into mysunlife.ca
2. Go to your **Profile** and select **Preferences**
3. Click **Edit**, then select **Paper** to receive documents by mail

If you'd prefer to use our mobile app to view your insurance statements, you can use the same Sign-in ID and password you just created.

If you have other products or services with us, updating your preferences on mysunlife.ca will apply to all of them. If you have already updated your preferences, no further action is required.

Questions?

We're here to help. If you have questions, you can call us at **1-877-786-5433**, any business day between 8 a.m. and 8 p.m. ET.

Sincerely,
Sun Life

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By participating in a Sun Life plan, you will receive communications about your workplace benefits or investments and any personal investments or insurance you have through Sun Life. You can't opt out of receiving these communications as it is our obligation to deliver this important information to you.

Add sunlife@info.sunlife.ca to your address book to ensure future communications aren't sent to your spam folder.

[Contact us](#) | [View our privacy policy](#)

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Life's brighter under the sun